



## ***Brucella* genus**

*Brucella* is a genus of Gram-negative flagellated coccobacilli and the causative agent of the most common bacterial zoonosis worldwide - brucellosis. It is zoonotically transmitted from contaminated food, contact with infected animals or through inhalation. Although extremely rare, transmission from human-to-human via sexual intercourse or from mother-to-child is possible. People working with animals are most at risk, followed by those working in laboratories, thus it is considered an occupational/laboratory-acquired disease. Many species have been found in various mammals, with *B. melitensis* being the most pathogenic in humans, followed by *B. suis* and the mildest being *B. abortus*. The disease can cause varying symptoms from mild fever to severe or fatal complications of the cardiac system, nervous system and musculoskeletal system.

In the UK and other developed countries, brucellosis is now rare, as many farm animals are vaccinated, infected herds are slaughtered and milk undergoes pasteurisation processes. Globally, the disease is still a major burden, particularly in parts of the Middle East, Asia, South and Central America, Africa, Eastern Europe and countries by the Mediterranean.

Isolation of *Brucella* sp. is commonly done by blood culturing. However, this technique may require prolonged incubation due to the slow-growing nature of this organism. Additionally, isolation of *Brucella* is resource-intensive; it requires level 3 biocontainment facilities and highly skilled technical personnel to handle samples and live bacteria for identification and biotyping. Handling live *Brucella* involves risk of laboratory infection and very strict biosafety rules must be followed (Yu and Nielsen, 2010). On Gram stain, *Brucella* appears as dense clumps of Gram-negative coccobacilli and are exceedingly difficult to visualise. Detection by PCR therefore offers a practical and rapid solution to these diagnostic measures.

### **Our assay:**

At Micropathology we use a UKAS accredited assay utilising end-point PCR with visualisation using ethidium bromide agarose gel for the qualitative detection of *Brucella* species. *Brucella* spp. detected by this assay include (but are not limited to): *B. abortus*, *B. canis*, *B. melitensis*, *B. neotomae*, *B. ovis* and *B. suis*. UKAS accredited samples for this assay include EDTA whole blood and CSF specimens. Although serum and tissue specimens are validated sample types, they are not covered by UKAS accreditation. Other sample types may be tested and are reported alongside a

caveat to state the assay is not UKAS accredited for testing alternate sample types. The minimum sample volume required for testing is 200 µL for liquid samples; and for tissues, a specimen at least the size of a matchstick head is acceptable.

**Please note, we DO NOT accept cultures for safety reasons.**

Turnaround times are stated in the laboratory user handbook with results usually available in practice much sooner than the given time frame. Where there is a delay, we are usually confirming a result and addressing clinical data given with the specimen.

**References:**

Yu, W. L., & Nielsen, K. (2010). Review of Detection of Brucella sp. by Polymerase Chain Reaction. Croatian Medical Journal, 51(4), 306–313.  
<http://doi.org/10.3325/cmj.2010.51.306>